

East District Cross Country Championship Piperdam 7-12-2019				
Under 13 Girls				
Pos	Name		Club	Time
1	Olivia	Robbins	Team East Lothian	12.45
2	Erin	Lee	Perth Strathtay Harriers	12.54
3	Megan	McKay	Edinburgh AC	12.56
4	Dashka	MacDonald	Edinburgh AC	13.01
5	Katie	Sandilands	Fife AC	13.05
6	Lois	Cant	Falkirk Victoria Harriers	13.10
7	Anna	McNeill	Aberdeen AAC	13.15
8	Charlotte	Horne	Falkirk Victoria Harriers	13.18
9	Carys	Gibb	Central AC	13.22
10	Elena	Lee	Moorfoot Runners	13.23
11	Charlotte	MacPhie	Harmeny AC	13.25
12	Lucy	Todd	Aberdeen AAC	13.31
13	Abbie	Little	Moorfoot Runners	13.33
14	Leya	Gibb	Central AC	13.40
15	Abbie	Foster	Lasswade AC	13.41
16	Willow	Scott	Dundee Hawkhill Harriers	13.41
17	Mia	Sokoluk	Livingston AC	13.43
18	Katie	Hedges	Falkirk Victoria Harriers	13.49
19	Grace	Cook	Dundee Hawkhill Harriers	13.49
20	Anna	Cruden	Edinburgh AC	13.53
21	Eloise	Scott	Lasswade AC	13.55
22	Iris	Nicoll	Dundee Hawkhill Harriers	14.00
23	Ava	Mooney	Moorfoot Runners	14.05
24	Eilidh	Hearn	Perth Strathtay Harriers	14.06
25	Chloe	Davies	Falkirk Victoria Harriers	14.08
26	Isabella	Passway	Dundee Hawkhill Harriers	14.09
27	Abby	Farquhar	Aberdeen AAC	14.09
28	Ariane	Baillie	Pitreavie AAC	14.15
29	Katie	Thomson	Pitreavie AAC	14.20
30	Charlotte	D'Arcy	Banchory Stonehaven AC	14.25
31	Niamh	McKinlay	Central AC	14.30
32	Erin	Gray	Gala Harriers	14.33
33	Esther	Taylor	Harmeny AC	14.34
34	Orlaith	Shepherd	Edinburgh AC	14.34
35	Natsai	Nyabadza	Harmeny AC	14.37
36	Anna	Riddell	Banchory Stonehaven AC	14.40
37	Ellie	Candlish	Dunfermline Track & Field AC	14.40
38	Ellis	Rochford	Aberdeen AAC	14.49
39	Sophia	Anderson	Dundee Hawkhill Harriers	14.51
40	Caitlin	Clyde	Moorfoot Runners	14.57
41	Bethan	Kitchin	Lasswade AC	15.01
42	Kate	MacPhail	Edinburgh AC	15.03
43	Freya	Hedley	Fife AC	15.09
44	Ella	Jones	Harmeny AC	15.10
45	Jessica	Hendry	Gala Harriers	15.10
46	Ellie	Darlow	Gala Harriers	15.13
47	Sadie	Slifer	Team East Lothian	15.25
48	Sarah	McAllister	Aberdeen AAC	15.31
49	Tianah	Scott	Dundee Hawkhill Harriers	15.34
50	Zara	Kidd	Dundee Hawkhill Harriers	15.47
51	Katie	Sim	Aberdeen AAC	15.58
52	Sophie	Logan	Moorfoot Runners	16.00
53	Isla	Fairbairn	Dundee Hawkhill Harriers	16.07
54	Coco	Jones	Dundee Hawkhill Harriers	16.07
55	Imogen	Marshall	Livingston AC	16.13
56	Aimee	White	Strathearn Harriers	17.07

Team Results					
	Team Name	Finisher Positions			Total
1	Edinburgh AC	3	4	20	27
2	Falkirk Victoria Harriers	6	8	18	32
3	Moorfoot Runners	10	13	23	46
4	Aberdeen AAC	7	12	27	46
5	Central AC	9	14	31	54
6	Dundee Hawkhill Harriers	16	19	22	57
7	Lasswade AC	15	21	41	77
8	Harmeny AC	11	33	35	79
9	Gala Harriers	32	45	46	123

Team Medals U13 Girls			
1	Edinburgh AC		27
	Megan McKay	12.56	3
	Dashka MacDonald	13.01	4
	Anna Cruden	13.53	20
2	Falkirk Victoria Harriers		32
	Lois Cant	13.10	6
	Charlotte Horne	13.18	8
	Katie Hedges	13.49	18
3	Moorfoot Runners		46
	Elena Lee	13.23	10
	Abbie Little	13.33	13
	Ava Mooney	14.05	23

East District Cross Country Championship Piperdam 7-12-2019				
Under 13 Girls				
57	Grace	Dinnes	Aberdeen AAC	17.16
58	Isla	Kidd	Dundee Hawkhill Harriers	17.36

East District Cross Country Championship Piperdam 7-12-2019				
Under 13 Boys				
Pos	Name		Club	Time
1	Rowan	Whitworth	Livingston AC	11.27
2	Innes	Wright	Team East Lothian	11.42
3	Dylan	Daunt	Edinburgh AC	11.45
4	Andrew	McWilliam	Lasswade AC	11.53
5	Archie	Suttie	Fife AC	11.57
6	Kieran	Fulton	Moorfoot Runners	11.58
7	Matthew	Holden	Harmeny AC	12.00
8	Joshua	Kennedy	Central AC	12.01
9	Zico	Field	Gala Harriers	12.01
10	Jamie	Ferries	Metro Aberdeen RC	12.03
11	Rhys	Crawford	Aberdeen AAC	12.04
12	Struan	Gatherer	Perth Strathay Harriers	12.11
13	Irvine	Welsh	Teviotdale Harriers	12.13
14	Andrew	Grant	Strathearn Harriers	12.14
15	Greg	Ritchie	Falkirk Victoria Harriers	12.16
16	Dan	McGuire	Harmeny AC	12.19
17	Finlay	McKay	Aberdeen AAC	12.19
18	Munro	Lawrie	Corstorphine AAC	12.24
19	Ross	Christie	Gala Harriers	12.26
20	Aaron	Middleton	Central AC	12.28
21	Oscar	Chirnside	Aberdeen AAC	12.30
22	Shaun	Pyman	Moorfoot Runners	12.32
23	Ethan	Stark	Perth Strathay Harriers	12.35
24	Dylan	Pearson	Aberdeen AAC	12.39
25	Felix	Crawford	Banchory Stonehaven AC	12.41
26	Thomas	Hilton	Moorfoot Runners	12.49
27	Ben	Turtle	Edinburgh AC	12.52
28	Iain	Jordan	Perth Strathay Harriers	12.57
29	Andrew	Sanderson	Fife AC	12.57
30	Rory	McLean	Corstorphine AAC	12.57
31	David	Cuthbert	Dunfermline Track & Field AC	13.06
32	Noah	Yuda	Banchory Stonehaven AC	13.09
33	Jamie	Duncan	Edinburgh AC	13.10
34	Kealan	O'Shea-Morr	Harmeny AC	13.10
35	Marti	Penacchio Torres	Fife AC	13.10
36	Finn	Lawson	Dundee Hawkhill Harriers	13.13
37	Kieran	Matthews	Dundee Hawkhill Harriers	13.15
38	Finlay	Rae	Aberdeen AAC	13.17
39	Jonathan	Collings	Lothian RC	13.17
40	Alexander	Ariss	Aberdeen AAC	13.17
41	Jim	Henry	Musselburgh and District AC	13.20
42	Alex	Dunlop	Central AC	13.22
43	Stuart	Duncan	Perth Strathay Harriers	13.23
44	Henry	Crossley	Central AC	13.25
45	Rowan	Taylor	Lasswade AC	13.25
46	Gregor	Wells	Moorfoot Runners	13.31
47	Mark	Harley	Dunfermline Track & Field AC	13.32
48	Lewis	Hardingham	Harmeny AC	13.34
49	Nathan	Stewart	Perth Strathay Harriers	13.36

Team Results					
	Team Name	Finisher Positions			Total
1	Aberdeen AAC	11	17	21	49
2	Moorfoot Runners	6	22	26	54
3	Harmeny AC	7	16	34	57
4	Perth Strathay Harriers	12	23	28	63
5	Edinburgh AC	3	27	33	63
6	Fife AC	5	29	35	69
7	Central AC	8	20	42	70
8	Gala Harriers	9	19	67	95
9	Corstorphine AAC	18	30	64	112
10	Dundee Hawkhill Harriers	36	37	54	127
11	Banchory Stonehaven AC	25	32	70	127

Team Medals U13 Boys			
1	Aberdeen AAC		49
	Rhys Crawford	12.04	11
	Finlay McKay	12.19	17
	Oscar Chirnside	12.30	21
2	Moorfoot Runners		54
	Kieran Fulton	11.58	6
	Shaun Pyman	12.32	22
	Thomas Hilton	12.49	26
3	Harmeny AC		57
	Matthew Holden	12.00	7
	Dan McGuire	12.19	16
	Kealan O'Shea-Morr	13.10	34

East District Cross Country Championship Piperdam 7-12-2019				
Under 13 Boys				
Pos	Name		Club	Time
50	Dair	Alexander	Harmeny AC	13.43
51	Jayden	Esentia	Harmeny AC	13.43
52	Kieran	Hardie	Harmeny AC	13.43
53	Rowan	Geary	Fife AC	13.43
54	Murdo	Hastie	Dundee Hawkhill Harriers	13.45
55	Henry	Colquhoun	Dundee Hawkhill Harriers	13.50
56	Andrew	Robinson	George Heriots School	13.52
57	Hamish	Lamont	Falkirk Victoria Harriers	13.58
58	Fraser	Stewart	Fife AC	14.01
59	Thomas	Milne	George Heriots School	14.03
60	Noah	Langslow	Dundee Hawkhill Harriers	14.05
61	Tristan	Spurway	Strathearn Harriers	14.07
62	Jack	Lawson	Dundee Hawkhill Harriers	14.07
63	Gideon	Lidstone	Perth Strathay Harriers	14.09
64	Lewis	Harrison	Corstorphine AAC	14.17
65	Calum	Gillie	Dundee Hawkhill Harriers	14.27
66	Flynn	Carmichael	Dundee Hawkhill Harriers	14.29
67	Morgan	Fairclough	Gala Harriers	14.31
68	Jamie	Connor	Central AC	14.36
69	Jackson	Shaw	Dundee Hawkhill Harriers	14.37
70	Luc	Macleod	Banchory Stonehaven AC	15.00

East District Cross Country Championship Piperdam 7-12-2019				
Under 15 Girls				
Pos	Name		Club	Time
1	Katie	Johnson	Edinburgh AC	15.56
2	Isla	Thoms	Fife AC	16.05
3	Katie	Christie	Falkirk Victoria Harriers	16.20
4	Isla	Hedley	Fife AC	16.27
5	Olivia	Clarke	Corstorphine AAC	16.28
6	Bridget	Harley	Team East Lothian	16.30
7	Isla	Paterson	Gala Harriers	16.35
8	Sorcha	Shepherd	Edinburgh AC	16.44
9	Summer	Maclean	Central AC	16.47
10	Phoebe	Armstrong	Aberdeen AAC	16.55
11	Anya	Morrison	Pitreavie AAC	17.02
12	Caitlyn	Christie	Falkirk Victoria Harriers	17.05
13	Olivia	Meikle	Lasswade AC	17.08
14	Anna	Fairclough	Gala Harriers	17.08
15	Amy	Cully	Central AC	17.14
16	Ruby	Russell	Fife AC	17.21
17	Erin	Macfarlane	Pitreavie AAC	17.28
18	Mirren Julie	Henry	Central AC	17.36
19	Anise	Macaulay Orr	Edinburgh AC	17.45
20	Amy	McLaughlin	Lasswade AC	17.49
21	Iona	Jamieson	Teviotdale Harriers	17.50
22	Kirstin	Grant	Aberdeen AAC	17.55
23	Natasha	Phillips	Dundee Hawkhill Harriers	17.59
24	Esmee	Thoms	Fife AC	18.03
25	Johanna	Mackenzie	Aberdeen AAC	18.14
26	Isla	Carroll	Dundee Hawkhill Harriers	18.15
27	Faithe	Duffy	Dundee Hawkhill Harriers	18.21
28	Charlotte	Narducci	Aberdeen AAC	18.24
29	Eva	Duke	Dundee Hawkhill Harriers	18.53
30	Catriona	Kane	Central AC	19.06
31	Anna	MacKinnon	Central AC	19.26
32	Rebecca	Sludden	Pitreavie AAC	19.29
33	Maya	Millar	Pitreavie AAC	19.54
34	Elspeth	Mardon	Strathearn Harriers	19.57
35	Anna	Jackson	Aberdeen AAC	20.08
36	Natasha	Myles	Strathearn Harriers	20.16
37	Skye	Foster	Lasswade AC	20.20
38	Megan	Turnbull	Dunfermline Track & Field AC	20.20
39	Anna	MacDonald	Strathearn Harriers	20.21
40	Zosia	Padden	Central AC	20.21
41	Grace	Matthews	Dundee Hawkhill Harriers	20.25
42	Edith	Macdonald	Strathearn Harriers	20.33
43	Jen	Pickard	Fife AC	20.52
44	Hannah	Pearson	Aberdeen AAC	21.34
45	Jenna	Macleod	Banchory Stonehaven AC	22.21
46	Kirstin	Alves	Banchory Stonehaven AC	22.57

Team Results					
	Team Name	Finisher Positions			Total
1	Fife AC	2	4	16	22
2	Edinburgh AC	1	8	19	28
3	Central AC	9	15	18	42
4	Aberdeen AAC	10	22	25	57
5	Pitreavie AAC	11	17	32	60
6	Lasswade AC	13	20	37	70
7	Dundee Hawkhill Harriers	23	26	27	76
8	Strathearn Harriers	34	36	39	109

Team Medals U15 Girls			
1	Fife AC		22
	Isla Thoms	16.05	2
	Isla Hedley	16.27	4
	Ruby Russell	17.21	16
2	Edinburgh AC		28
	Katie Johnson	15.56	1
	Sorcha Shepherd	16.44	8
	Anise Macaulay Orr	17.45	19
3	Central AC		42
	Summer Maclean	16.47	9
	Amy Cully	17.14	15
	Mirren Julie Henry	17.36	18

East District Cross Country Championship Piperdam 7-12-2019				
Under 15 Boys				
Pos	Name		Club	Time
1	Connor	Bell	Central AC	14.03
2	Struan	Bennet	Fife AC	14.18
3	Tendai	Nyabadza	Harmeny AC	14.44
4	Cameron	Kerr	Central AC	14.47
5	Ewan	Christie	Gala Harriers	14.48
6	Hamish	McKay	Aberdeen AAC	14.53
7	Cameron	MacMillan	Central AC	14.55
8	Conan	Harper	Teviotdale Harriers	14.56
9	Warren	Lorente	Dundee Hawkhill Harriers	14.59
10	Corey	Campbell	Team East Lothian	15.02
11	Logan	Beagley	Livingston AC	15.09
12	Archie	McDonald	Perth Strathtay Harriers	15.13
13	Patrick	Milne	Corstorphine AAC	15.17
14	Dylan	Dickie	Aberdeen AAC	15.17
15	Angus	Wright	Team East Lothian	15.25
16	Kai	Crawford	Aberdeen AAC	15.32
17	Alasdair	Wallace	Harmeny AC	15.34
18	Harris	Pagett	Strathearn Harriers	15.37
19	Ben	Struthers	Corstorphine AAC	15.42
20	Caleb	McLeod	Pitreavie AAC	15.47
21	Elliot	Frame	Livingston AC	15.49
22	Robert	Newman	Edinburgh AC	15.51
23	Brodie	Cameron	Arbroath & District AC	15.53
24	Cameron	Rankine	Gala Harriers	15.55
25	Iain	Houston	Gala Harriers	15.57
26	Tommy	Thin	George Heriots School	16.01
27	Aleksandar	Jovicic	Aberdeen AAC	16.03
28	Ethan	Lorimer	Harmeny AC	16.08
29	Aidan	Page	Team East Lothian	16.14
30	Jack	Donald	Dundee Hawkhill Harriers	16.14
31	Alastair	Scott	Lasswade AC	16.21
32	Reuben	Bright	Corstorphine AAC	16.23
33	Thomas	MacKenzie	Aberdeen AAC	16.25
34	Ruairidh	Williams	Corstorphine AAC	16.27
35	Archie	Hendry	Gala Harriers	16.29
36	Euan	Docherty	Central AC	16.30
37	David	Lidstone	Perth Strathtay Harriers	16.31
38	Caleb	Brock	Aberdeen AAC	16.34
39	Owen	Smith	Dundee Hawkhill Harriers	16.35
40	Guillem	Penacchio Torres	Fife AC	16.40
41	Oliver	Rodger	Pitreavie AAC	16.43
42	Sam	Kitchin	Lasswade AC	16.45
43	Francis	Jones	Dundee Hawkhill Harriers	16.49
44	Ruairidh	Burns	Central AC	16.49
45	Caiden	Thom	Metro Aberdeen RC	16.52
46	Jamie	Smith	Team East Lothian	16.52
47	Roy	Taylor	Pitreavie AAC	16.52
48	Jamie	Wilson	Perth Strathtay Harriers	16.55
49	Theo	Jones	Aberdeen AAC	17.20
50	Louis	Mackenzie	Dundee Hawkhill Harriers	17.22

Team Results					
	Team Name	Finisher Positions			Total
1	Central AC	1	4	7	12
2	Aberdeen AAC	6	14	16	36
3	Harmeny AC	3	17	28	48
4	Gala Harriers	5	24	25	54
5	Team East Lothian	10	15	29	54
6	Corstorphine AAC	13	19	32	64
7	Dundee Hawkhill Harriers	9	30	39	78
8	Fife AC	2	40	53	95
9	Pitreavie AAC	20	41	47	108
10	Lasswade AC	31	42	61	134

Team Medals U15 Boys		
1	Central AC	12
	Connor Bell	14.03 1
	Cameron Kerr	14.47 4
	Cameron MacMillan	14.55 7
2	Aberdeen AAC	36
	Hamish McKay	14.53 6
	Dylan Dickie	15.17 14
	Kai Crawford	15.32 16
3	Harmeny AC	48
	Tendai Nyabadza	14.44 3
	Alasdair Wallace	15.34 17
	Ethan Lorimer	16.08 28

East District Cross Country Championship Piperdam 7-12-2019				
Under 15 Boys				
Pos	Name		Club	Time
51	Robbie	Welsh	Teviotdale Harriers	17.32
52	Harry	Jackson	Aberdeen AAC	17.38
53	Andrew	Gourley	Fife AC	17.40
54	Campbell	Mackay	Falkirk Victoria Harriers	17.40
55	Wilbur	Mansell	Edinburgh AC	17.54
56	Murray	Close	Lothian RC	18.02
57	Jacob	Evans	Harmeny AC	18.06
58	Jake	Gillie	Dundee Hawkhill Harriers	18.07
59	Ross	Lawrie	Central AC	18.09
60	Murray	Scott	Metro Aberdeen RC	18.32
61	Alec	Miller	Lasswade AC	18.44
62	Jack	Downie	Dundee Hawkhill Harriers	19.28
63	Fraser	Passway	Dundee Hawkhill Harriers	19.46
64	James	MacLeod	Dundee Hawkhill Harriers	21.20

East District Cross Country Championship Piperdam 7-12-2019				
Under 17 Women				
Pos	Name		Club	Time
1	Anna	Hedley	Fife AC	21.46
2	Isla	Calvert	Livingston AC	22.12
3	Georgia	Ledingham	Corstorphine AAC	22.20
4	Rosie	Davidson	Ayr Seaforth AC	22.29
5	Pippa	Carcas	Edinburgh AC	22.43
6	Grace	Tindall	Central AC	23.02
7	Rose	Newman	Edinburgh AC	23.09
8	Kirsty	Purcell	Aberdeen AAC	23.16
9	Mhairi	Arnott	Corstorphine AAC	23.19
10	Anna	Dalglish	Fife AC	23.28
11	Merah	Anderson	Falkirk Victoria Harriers	23.46
12	Caitlin	Purcell	Aberdeen AAC	23.50
13	Jaden	Lenny	Fife AC	23.55
14	Emma	Johnson	Corstorphine AAC	24.03
15	Libby	Smith	Fife AC	24.14
16	Hayley	Brown	Fife AC	24.16
17	Rose	Ryan	Perth Stratay Harriers	24.55
18	Jessica	Carns	Aberdeen AAC	25.03
19	Shannon	Prevost	Livingston AC	25.54
20	Anna	Saunders	Perth Stratay Harriers	26.09
21	Lara	Manning	Dundee Hawkhill Harriers	27.45
22	Isla	Manning	Dundee Hawkhill Harriers	29.45

Team Results					
	Team Name	Finisher Positions			Total
1	Fife AC	1	10	13	24
2	Corstorphine AAC	3	9	14	26
3	Aberdeen AAC	8	12	18	38

Team Medals U17 Women			
1	Fife AC		24
	Anna Hedley	21.46	1
	Anna Dalglish	23.28	10
	Jaden Lenny	23.55	13
2	Corstorphine AAC		26
	Georgia Ledingham	22.20	3
	Mhairi Arnott	23.19	9
	Emma Johnson	24.03	14

3	Aberdeen AAC		38
	Kirsty Purcell	23.16	8
	Caitlin Purcell	23.50	12
	Jessica Carns	25.03	18

East District Cross Country Championship Piperdam 7-12-2019				
Under 17 Men				
Pos	Name		Club	Time
1	Andrew	McGill	Livingston AC	19.10
2	Ben	Sandilands	Fife AC	19.13
3	David	Addison	Corstorphine AAC	19.41
4	Samuel	Griffin	Aberdeen AAC	19.52
5	Hugh	Morrow	Edinburgh AC	20.14
6	Ethan	McColgan	Dundee Hawkhill Harriers	20.21
7	Calum	Little	Falkirk Victoria Harriers	20.27
8	Lewis	Watt	Aberdeen AAC	20.29
9	Michael	Sanderson	Fife AC	20.32
10	Gregor	Collins	Gala Harriers	20.33
11	Ryan	Smith	Dundee Hawkhill Harriers	20.33
12	Conor	Gourley	Pitreavie AAC	20.42
13	Aidan	Simpson	Dundee Hawkhill Harriers	20.46
14	Euan	Wond	Falkirk Victoria Harriers	20.50
15	Malcolm	McLure	Dunfermline Track & Field AC	20.59
16	Laurence	Petty	Dundee Hawkhill Harriers	21.02
17	Ben	Henderson	Perth Straththay Harriers	21.04
18	Tejay	Scott	Dundee Hawkhill Harriers	21.10
19	Sam	Grivell	Central AC	21.16
20	Robbie	Anderson	Team East Lothian	21.17
21	Callan	Hogarth	Falkirk Victoria Harriers	21.26
22	Andrew	Thomson	PH Racing Club	21.34
23	Jamie	Lessels	PH Racing Club	21.39
24	Euan	Smith	Dundee Hawkhill Harriers	21.56
25	Jordan	Cruickshank	Metro Aberdeen RC	22.05
26	Patrick	Lang	Aberdeen AAC	22.25
27	Jonathan	Marshall	Livingston AC	22.51
28	Kane	Noble	Banchory Stonehaven AC	22.55
29	Noah	McDermott	George Heriots School	23.14
30	Ryan	Fox	Dundee Hawkhill Harriers	23.23
31	Harry	Smith	Dundee Hawkhill Harriers	23.33
32	Daniel	Lidstone	Perth Straththay Harriers	23.45
33	Tomas	MacDonald	George Heriots School	23.56
34	Archie	Yeaman	Dundee Hawkhill Harriers	24.23
35	Aaron	Bennet	PH Racing Club	24.33

Team Results					
	Team Name	Finisher Positions			Total
1	Dundee Hawkhill Harriers	6	11	13	30
2	Aberdeen AAC	4	8	26	38
3	Falkirk Victoria Harriers	7	14	21	42
4	PH Racing Club	22	23	35	80

Team Medals U17 Men			
1	Dundee Hawkhill Harriers		30
	Ethan McColgan	20.21	6
	Ryan Smith	20.33	11
	Aidan Simpson	20.46	13
2	Aberdeen AAC		38
	Samuel Griffin	19.52	4
	Lewis Watt	20.29	8
	Patrick Lang	22.25	26
3	Falkirk Victoria Harriers		42
	Calum Little	20.27	7
	Euan Wond	20.50	14
	Callan Hogarth	21.26	21

East District Cross Country Championship Piperdam 7-12-2019				
Under 20 Women				
Pos	Name		Club	Time
1	Zoe	Pflug	Edinburgh Univ Hare and Hounds	24.13
2	Constance	Nankivell	Edinburgh Univ Hare and Hounds	24.49
3	Lauren	McCulloch	Central AC	25.05
4	Sarah	Tait	Lasswade AC	25.32
5	Jessica	Christie	Falkirk Victoria Harriers	25.56
6	Hannah	Morrison	Edinburgh Univ Hare and Hounds	26.08
7	Sarah	Calvert	Edinburgh Univ Hare and Hounds	26.13
8	Olivia	Vareille	Falkirk Victoria Harriers	26.17
9	Beth	Hobbs	Moorfoot Runners	26.26
10	Katie	Craig	Livingston AC	27.06
11	Katie	Rourke	Edinburgh Univ Hare and Hounds	27.19
12	Catriona	Laing	Dundee University AC and XC club	27.50
13	Niamh	Hunter	Edinburgh Univ Hare and Hounds	28.01
14	Emma	Jenkins	Perth Strathtay Harriers	28.14
15	Lucia	Montgomery	Edinburgh AC	28.46
16	Shania	King	Dundee Hawkhill Harriers	28.49
17	Alex	Shaw	Dundee University AC and XC club	28.51

Team Results						
	Team Name	Finisher Positions			Total	
1	Edinburgh Univ Hare and Hounds	1	2	6	9	

Team Medals U20 Women		
1	Edinburgh Univ Hare and Hounds	9
	Zoe Pflug	24.13 1
	Constance Nankivell	24.49 2
	Hannah Morrison	26.08 6

East District Cross Country Championship Piperdam 7-12-2019				
Under 20 Men				
Pos	Name		Club	Time
1	Hamish	Hickey	Central AC	20.51
2	Kristof	Hornyik	Dundee Hawkhill Harriers	21.16
3	Tom	Graham-Marr	Central AC	21.30
4	Finn	Lydon	Carnethy Hill Racing Club	21.34
5	Ryan	Donald	Dundee Hawkhill Harriers	21.55
6	Callum	Tharme	Edinburgh Univ Hare and Hounds	22.01
7	Aidan	Shea	Central AC	22.09
8	Adam	Brown	Aberdeen AAC	22.22
9	Cameron	Sale	Dundee Hawkhill Harriers	22.28
10	Lewis	Tharme	Gala Harriers	22.30
11	Boyan	Ivandjiov	Edinburgh Univ Hare and Hounds	22.32
12	Robert	Sparks	Edinburgh Univ Hare and Hounds	22.48
13	Craig	Morris	Fife AC	23.01
14	Alexander	Bell	Edinburgh Univ Hare and Hounds	23.05
15	Matthew	Dailey	Edinburgh Univ Hare and Hounds	23.12
16	Thomas	Ross	Corstorphine AAC	23.15
17	Joshua	Liddle	Edinburgh Univ Hare and Hounds	23.17
18	Gavin	McWhinnie	Fife AC	23.24
19	Iain	McWhinnie	Fife AC	23.33
20	Sunny	McGrath	Aberdeen AAC	23.33
21	David	Bunn	Edinburgh Univ Hare and Hounds	23.47
22	Tom	Ireland	Edinburgh AC	23.51
23	Kieran	McColgan	Dundee Hawkhill Harriers	23.54
24	Callum	McCormack	Dundee Hawkhill Harriers	23.54
25	Kristofer	Hernandez	Dundee Hawkhill Harriers	24.10
26	Fraser	Kelly	Team East Lothian	24.28
27	Nathan	Tosh	Metro Aberdeen RC	24.32
28	Sam	Scobie	Wee County Harriers	24.45
29	Ifan Gruff	Oldfield	Edinburgh Univ Hare and Hounds	24.58
30	Aidan	Horner	Edinburgh Univ Hare and Hounds	26.02
31	Charlie	LaMassa	Dundee University AC and XC club	26.52
32	Jan	Barracough	Aberdeen AAC	26.52
33	Cameron	Tweedie	Livingston AC	28.41
34	Thomas	Brownsort	George Heriots School	28.50
35	Jamie	Arnott	Corstorphine AAC	32.46

Team Results					
	Team Name	Finisher Positions			Total
1	Central AC	1	3	7	11
2	Dundee Hawkhill Harriers	2	5	9	16
3	Edinburgh Univ Hare and Hounds	6	11	12	29
4	Fife AC	13	18	19	50
5	Aberdeen AAC	8	20	33	61

Team Medals U20 Men		
1	Central AC	11
	Hamish Hickey	20.51 1
	Tom Graham-Marr	21.30 3
	Aidan Shea	22.09 7
2	Dundee Hawkhill Harriers	16
	Kristof Hornyik	21.16 2
	Ryan Donald	21.55 5
	Cameron Sale	22.28 9
3	Edinburgh Univ Hare and Hounds	29
	Callum Tharme	22.01 6
	Boyan Ivandjiov	22.32 11
	Robert Sparks	22.48 12

East District Cross Country Championship Piperdam 7-12-2019					
Women					
Pos	Name	Club			Time
1	Annabel Simpson	Fife AC	Sen		32.07
2	Fiona Brian	Metro Aberdeen RC	Sen		32.39
3	Virginie Barrand	Metro Aberdeen RC	Sen		32.54
4	Jillian Stephen	Hunters Bog Trotters	Sen		33.29
5	Freya Ross	Falkirk Victoria Harriers	Sen		33.29
6	Megan Crawford	Fife AC	Sen		34.07
7	Chloe Cox	Edinburgh AC	Sen		34.19
8	Claire Bruce	Metro Aberdeen RC	Sen		34.23
9	Heather Anderson	Fife AC	V40		34.30
10	Morag Millar	Central AC	Sen		34.37
11	Keira Gore	Lasswade AC	Sen		34.39
12	Laura Gibson	Fife AC	Sen		34.53
13	Kirstin Maxwell	Gala Harriers	Sen		35.07
14	Rebecca Frake	Edinburgh AC	Sen		35.09
15	Sara Green	Gala Harriers	Sen		35.12
16	Amy Vincent	Edinburgh AC	Sen		35.36
17	Rhiannon Kirk	Edinburgh Univ Hare and Hounds	Sen		35.39
18	Kristin Lowrie	PH Racing Club	Sen		35.39
19	Fiona Matheson	Falkirk Victoria Harriers	V55		35.58
20	Jennifer Harrison	Aberdeen AAC	Sen		36.00
21	Amie Watt	Fife AC	Sen		36.01
22	Elaine Eadie	Edinburgh AC	Sen		36.21
23	Veronique Oldham	Aberdeen AAC	V50		36.32
24	Lizzie Macleish	Gala Harriers	Sen		36.35
25	Megan Wright	Hunters Bog Trotters	V45		36.46
26	Eilidh Prise	Aberdeen AAC	Sen		36.50
27	Katy Barden	Gala Harriers	Sen		37.09
28	Alison McGill	PH Racing Club	Sen		37.15
29	Julie Menzies	PH Racing Club	V45		37.18
30	Claire Houston	Central AC	Sen		37.22
31	Halina Rees	Fife AC	Sen		37.29
32	Maria Boland	Edinburgh AC	Sen		37.29
33	Rhona Anderson	Dunbar RC	V55		37.55
34	Hannah Graham	Corstorphine AAC	Sen		38.13
35	Julia Johnstone	Gala Harriers	V45		38.28
36	Elaine Omand	Dundee RR	Sen		38.50
37	Sarah Connolly	Ferranti AAC	Sen		38.56
38	Katie Jones	Fife AC	Sen		39.07
39	Lydia Blythe	Edinburgh Univ Hare and Hounds	Sen		39.14
40	Kirsty Mitchell	Metro Aberdeen RC	Sen		39.26
41	Kirsten Mcstay	Central AC	Sen		39.36
42	Fiona Zeiner	Harmeny AC	V45		39.36
43	Helen Ockenden	Edinburgh Univ Hare and Hounds	Sen		39.42
44	Fiona Callaghan	Dundee RR	Sen		39.46
45	Hazel Dean	Central AC	V55		39.46
46	Kirstyn Suttie	Pitreavie AAC	Sen		39.51
47	Louise Menzies	Dundee RR	V40		39.54
48	Keren Macpherson	Fife AC	V50		39.56
49	Eliza Cottington	Edinburgh Univ Hare and Hounds	Sen		40.11
50	Rachel Callaghan	Dundee RR	Sen		40.21
51	Portia McRobbie	Dundee Hawkhill Harriers	Sen		40.24
52	Esther Valencia	Ochil Hill Runners	V45		40.24
53	Morag Taggart	Dundee RR	V60		40.45
54	Fiona Canavan	Dundee RR	Sen		40.57
55	Fiona Macfarlane	Lothian RC	Sen		41.03
56	Nicola Ross	Corstorphine AAC	V45		41.06
57	Catherine Matthews	Dundee Hawkhill Harriers	V45		41.07
58	Karen Dobbie	Edinburgh AC	V50		41.10
59	Eilidh Reynolds	Dundee Hawkhill Harriers	Sen		41.17
60	Fabienne Thompson	Perth RR	V50		41.36

Team Results						
	Team Name	Finisher Positions				Total
1	Fife AC	1	6	9	12	28
2	Metro Aberdeen RC	2	3	8	40	53
3	Edinburgh AC	7	14	16	22	59
4	Gala Harriers	13	15	24	27	79
5	Central AC	10	30	41	45	126
6	Aberdeen AAC	20	23	26	62	131
7	Edinburgh Univ Hare and Hounds	17	39	43	49	148
8	Dundee RR	36	44	47	50	177
9	Corstorphine AAC	34	56	68	72	230
10	Dundee Hawkhill Harriers	51	57	59	65	232
11	Harmeny AC	42	74	77	79	272
12	Perth RR	60	66	69	82	277
13	Ferranti AAC	37	71	78	92	278

Team Results Masters					
	Team Name	Finisher Positions			Total
1	Fife AC	1	11	19	31
2	Dundee RR	10	13	26	49
3	Corstorphine AAC	14	22	25	61
4	Dundee Hawkhill Harriers	15	20	28	63
5	Harmeny AC	8	27	30	65
6	Edinburgh AC	16	23	35	74
7	Perth RR	17	34	43	94

Team Medals Women		
1	Fife AC	28
	Annabel Simpson	32.07 1
	Megan Crawford	34.07 6
	Heather Anderson	34.30 9
	Laura Gibson	34.53 12
2	Metro Aberdeen RC	53
	Fiona Brian	32.39 2
	Virginie Barrand	32.54 3
	Claire Bruce	34.23 8
	Kirsty Mitchell	39.26 40
3	Edinburgh AC	59
	Chloe Cox	34.19 7
	Rebecca Frake	35.09 14
	Amy Vincent	35.36 16
	Elaine Eadie	36.21 22

Team Medals Masters Women 1 Team		
1	Fife AC	31
	Heather Anderson	34.30 1
	Keren Macpherson	39.56 11
	Mary Western	42.05 19

East District Cross Country Championship					
Piperdam 7-12-2019					
Women					
Pos	Name		Club		Time
61	Louise	Adams	Edinburgh Univ Hare and Hounds	Sen	41.48
62	Marianne	Lang	Aberdeen AAC	V50	41.48
63	Mary	Western	Fife AC	V55	42.05
64	Claire	Harris	Lothian RC	Sen	42.17
65	Fiona	Gibson	Dundee Hawkhill Harriers	V40	42.28
66	Kristen	Bain	Perth RR	Sen	42.34
67	Rachel	Fagan	Lasswade AC	V45	42.42
68	Janet	Grigor	Corstorphine AAC	V50	42.43
69	Gillian	Edwards	Perth RR	Sen	42.45
70	Elaine	Davies	Edinburgh AC	V45	43.03
71	Julia	Drewer	Ferranti AAC	V40	43.14
72	Sarah	Ledingham	Corstorphine AAC	V50	43.14
73	Alison	Gelly	Dundee RR	V50	43.20
74	Lorna	Broadhurst	Harmeny AC	V55	43.29
75	Rhonda	Manning	Dundee Hawkhill Harriers	V50	43.32
76	Catrina	Reynolds	Dundee Hawkhill Harriers	V50	43.39
77	Nicola	McGuire	Harmeny AC	V40	43.53
78	Kate	Kitchin	Ferranti AAC	V40	44.16
79	Susan	Ross	Harmeny AC	V50	45.01
80	Monica	Anderson	Falkirk Victoria Harriers	V50	45.01
81	Karen	Forsyth	Carnegie Harriers	Sen	45.07
82	Gillian	Smith	Perth RR	Sen	45.22
83	Fiona	Manson	Perth RR	V50	45.31
84	Shona	Adam	Edinburgh AC	V50	46.00
85	Morna	Fleming	Pitreavie AAC	V65	46.26
86	Barbara	Sweeney	Dundee RR	V55	47.09
87	Julie	Greig	Dundee RR	V45	47.19
88	Mhairi	Bagnall	Corstorphine AAC	V45	47.35
89	MCC	Cemborain	Corstorphine AAC	V50	47.39
90	Joyce	Donald	Dundee Hawkhill Harriers	V50	48.00
91	Jocelyn	Scott	Fife AC	V65	48.14
92	Julia	Loecherbach	Ferranti AAC	Sen	50.13
93	Rhona	Henderson	Perth RR	V45	54.42
94	Sheila	Strain	Hunters Bog Trotters	V70	56.08
95	Anne	Bell	Perth RR	V60	56.40
96	Sarah	Swan	Perth RR	V50	61.20

East District Cross Country Championship Piperdam 7-12-2019				
Men				
Pos	Name	Club		Time
1	Jamie Crowe	Central AC	Sen	27.10
2	Ben Greenwood	Perth Strathlay Harriers	Sen	27.42
3	Cameron Strachan	Metro Aberdeen RC	Sen	27.51
4	Ewan Brown	Corstorphine AAC	Sen	27.59
5	Tom Martyn	Corstorphine AAC	Sen	28.18
6	Calum McKenzie	Corstorphine AAC	Sen	28.25
7	Eoin Lennon	Carnethy Hill Racing Club	Sen	28.40
8	Dougie Selman	Corstorphine AAC	Sen	28.49
9	Alexander Chepelin	Carnethy Hill Racing Club	Sen	28.53
10	James Hoad	Aberdeen AAC	Sen	28.57
11	Alex Muir	Edinburgh Univ Hare and Hounds	Sen	29.01
12	James Dunn	Corstorphine AAC	Sen	29.07
13	Ross Houston	Central AC	V40	29.09
14	Iain Whitaker	Edinburgh AC	Sen	29.15
15	James Donald	Dundee Hawkhill Harriers	Sen	29.20
16	Myles Edwards	Aberdeen AAC	Sen	29.25
17	Alistair Masson	Carnethy Hill Racing Club	Sen	29.29
18	Scott Stirling	Falkirk Victoria Harriers	Sen	29.33
19	Scott Brember	Central AC	V45	29.35
20	Gavin Bryson	Edinburgh AC	Sen	29.37
21	Matthew Sutherland	Central AC	Sen	29.37
22	Alex Carcas	Edinburgh Univ Hare and Hounds	Sen	29.40
23	Dale Colley	Central AC	Sen	29.43
24	Hamish Battle	Metro Aberdeen RC	Sen	29.44
25	Ben Ward	Metro Aberdeen RC	Sen	29.47
26	Chris Smithard	Central AC	Sen	29.50
27	Darrell Hastie	Gala Harriers	Sen	30.00
28	Luca Fanottoli	Central AC	Sen	30.13
29	Peter Moffett	Falkirk Victoria Harriers	Sen	30.16
30	Callum Reid	Edinburgh AC	Sen	30.23
31	Chris Richardson	Metro Aberdeen RC	Sen	30.25
32	James Harrison	Corstorphine AAC	Sen	30.29
33	Jason Kelly	Metro Aberdeen RC	Sen	30.36
34	Jim Tole	Metro Aberdeen RC	V40	30.37
35	Marcus D'Agrosa	Gala Harriers	Sen	30.37
36	Mark Haskett	Corstorphine AAC	Sen	30.41
37	Tom Cunningham	Corstorphine AAC	Sen	30.43
38	Myles Bax	Edinburgh AC	Sen	30.49
39	Aaron Odentz	Aberdeen AAC	Sen	30.53
40	Kenny Garden	Metro Aberdeen RC	Sen	30.55
41	Euan Webster	Aberdeen AAC	Sen	31.01
42	Leon Johnson	Edinburgh AC	V40	31.01
43	Fearghas Thomson	Aberdeen AAC	Sen	31.06
44	Euan Martin	Falkirk Victoria Harriers	Sen	31.07
45	Paul Morrison	Edinburgh Univ Hare and Hounds	Sen	31.12
46	Russell Hall	Fife AC	Sen	31.14
47	Alex Luetchford	Hunters Bog Trotters	Sen	31.21
48	Stuart Johnston	Edinburgh AC	V40	31.22
49	Alasdair Pedley	Edinburgh Univ Hare and Hounds	Sen	31.30
50	Eliot Sedman	Carnethy Hill Racing Club	V40	31.30
51	Thomas Doney	Metro Aberdeen RC	Sen	31.32
52	Alastair Brockie	Corstorphine AAC	V40	31.32
53	Daniel Ashwood	Edinburgh Univ Hare and Hounds	Sen	31.34
54	Graeme Murdoch	Gala Harriers	V40	31.38
55	Chris Earl	Dundee RR	Sen	31.40
56	Iain Macdonald	Edinburgh AC	Sen	31.40
57	Moray Anderson	Corstorphine AAC	V40	31.40
58	Ray Ward	Hunters Bog Trotters	V40	31.40
59	Malcolm Lang	Corstorphine AAC	V40	31.44
60	Andrew John Ferguson	Aberdeen AAC	Sen	31.44
61	Andrew Davis	PH Racing Club	V40	31.44
62	Robert Sellar	PH Racing Club	V45	31.46
63	Gordon Barrie	Dundee Hawkhill Harriers	V45	31.52
64	Michael McConnell	PH Racing Club	Sen	31.55
65	Matthias Flamenco	Aberdeen AAC	Sen	32.12
66	Chris Poxton	Corstorphine AAC	Sen	32.15
67	Will Hensman	Central AC	V40	32.24
68	James Joy	Aberdeen AAC	Sen	32.28
69	Dino Roussias	Metro Aberdeen RC	V45	32.30
70	Ben Murphy	Hunters Bog Trotters	Sen	32.30

Team Results							
Team Name	Finisher Positions						Total
1 Corstorphine AAC	4	5	6	8	12	32	67
2 Central AC	1	13	19	21	23	26	103
3 Metro Aberdeen RC	3	24	25	31	33	34	150
4 Edinburgh AC	14	20	30	38	42	48	192
5 Aberdeen AAC	10	16	39	41	43	60	209
6 Edinburgh Univ Hare and Hounds	11	22	45	49	53	110	290
7 Carnethy Hill Racing Club	7	9	17	50	115	122	320
8 Hunters Bog Trotters	47	58	70	81	101	111	468
9 PH Racing Club	61	62	64	76	78	128	469
10 Falkirk Victoria Harriers	18	29	44	98	141	143	473
11 Gala Harriers	27	35	54	86	104	179	485
12 Perth RR	80	83	87	99	105	108	562
13 Dundee Hawkhill Harriers	15	63	96	116	137	139	566
14 Fife AC	46	100	125	132	148	151	702
15 Dundee RR	55	113	119	183	186	202	858
16 Kinross RR	90	91	134	164	174	221	874
17 Musselburgh and District AC	85	118	131	138	237	251	960
18 Carnegie Harriers	140	168	169	175	185	187	1024
19 Lothian RC	89	121	146	216	236	246	1054

Team Medals Men		
1	Corstorphine AAC	67
	Ewan Brown	27.59 4
	Tom Martyn	28.18 5
	Calum McKenzie	28.25 6
	Dougie Selman	28.49 8
	James Dunn	29.07 12
	James Harrison	30.29 32
2	Central AC	103
	Jamie Crowe	27.10 1
	Ross Houston	29.09 13
	Scott Brember	29.35 19
	Matthew Sutherland	29.37 21
	Dale Colley	29.43 23
	Chris Smithard	29.50 26
3	Metro Aberdeen RC	150
	Cameron Strachan	27.51 3
	Hamish Battle	29.44 24
	Ben Ward	29.47 25
	Chris Richardson	30.25 31
	Jason Kelly	30.36 33
	Jim Tole	30.37 34

East District Cross Country Championship Piperdam 7-12-2019				
Men				
Pos	Name	Club		Time
71	Calum Crawford	Metro Aberdeen RC	Sen	32.30
72	Richard Meade	Edinburgh AC	V40	32.34
73	Michael Simpson	Metro Aberdeen RC	Sen	32.36
74	Martin Gore	Lasswade AC	Sen	32.39
75	Matthew Milne	Metro Aberdeen RC	Sen	32.39
76	Paul Kieran	PH Racing Club	V40	32.40
77	Johnny Lawson	Portobello RC	V40	32.42
78	Ewan Taylor	PH Racing Club	Sen	32.47
79	Daniel Macqueen	Penicuik Harriers	Sen	32.49
80	Stuart Robertson	Perth RR	V50	32.51
81	David Wright	Hunters Bog Trotters	V40	32.55
82	Steven Watters	Edinburgh AC	Sen	32.56
83	David Knight	Perth RR	V50	32.59
84	Greg Walker	Teviotdale Harriers	Sen	33.01
85	Robert Watson	Musselburgh and District AC	V50	33.01
86	Gary Trewartha	Gala Harriers	V40	33.04
87	Duncan Ryan	Perth RR	V50	33.10
88	Donald Gavine	Corstorphine AAC	Sen	33.12
89	James Beattie	Lothian RC	V45	33.15
90	David Scott	Kinross RR	V40	33.23
91	Matt Newton	Kinross RR	V45	33.28
92	Scott Macleod	Metro Aberdeen RC	Sen	33.32
93	Bryan Kinghorn	Metro Aberdeen RC	Sen	33.35
94	Ross Macdonald	Metro Aberdeen RC	Sen	33.38
95	Nick Milovsorov	Metro Aberdeen RC	V55	33.40
96	Munro Stewart	Dundee Hawkhill Harriers	Sen	33.40
97	Ross Milne	Corstorphine AAC	V40	33.42
98	Michael Ross	Falkirk Victoria Harriers	Sen	34.00
99	Kevin Riddell	Perth RR	Sen	34.03
100	Nic Brew	Fife AC	Sen	34.05
101	Huw Jones	Hunters Bog Trotters	Sen	34.07
102	Billy Colvin	Penicuik Harriers	V40	34.09
103	Terry Roberts	Edinburgh AC	Sen	34.11
104	Tim Darlow	Gala Harriers	V40	34.14
105	Michael Souter	Perth RR	Sen	34.17
106	Jamie Ross	Deeside Runners	V40	34.17
107	Jeremy Kibble	Metro Aberdeen RC	V40	34.17
108	Eddie Torrie	Perth RR	V50	34.27
109	David Stevens	Metro Aberdeen RC	Sen	34.29
110	Andrew Carrick	Edinburgh Univ Hare and Hounds	Sen	34.33
111	Stuart Mounce	Hunters Bog Trotters	Sen	34.34
112	Jonny McIntosh	Metro Aberdeen RC	Sen	34.34
113	Shea Roddy	Dundee RR	Sen	34.36
114	Dermot Bailie	Edinburgh AC	V40	34.36
115	Rob Owen	Carnethy Hill Racing Club	Sen	34.38
116	Scott Dyer	Dundee Hawkhill Harriers	Sen	34.38
117	Iain Macleod	Corstorphine AAC	V45	34.38
118	Robert Henry	Musselburgh and District AC	V40	34.41
119	Marcus Sheridan	Dundee RR	Sen	34.47
120	Oyvind Bjorgman	Dundee University AC and XC club	Sen	34.51
121	Colin Partridge	Lothian RC	V40	34.51
122	Neil McLure	Carnethy Hill Racing Club	V50	34.56
123	Mark Crawford	Perth RR	V45	34.56
124	David Eckersley	Central AC	V55	35.00
125	Ben Kinninmonth	Fife AC	Sen	35.00
126	Craig McLean	Dundee University AC and XC club	Sen	35.02
127	Andrew Irvine	Central AC	Sen	35.02
128	Philip Waring	PH Racing Club	Sen	35.06
129	Duncan Lockie	Teviotdale Harriers	Sen	35.11
130	Ross Gray	Dundee University AC and XC club	Sen	35.13
131	Paul Slifer	Musselburgh and District AC	V45	35.15
132	Glenn Barclay	Fife AC	Sen	35.18
133	Jeff Farquhar	Pitreavie AAC	V60	35.20
134	Martin Hill	Kinross RR	Sen	35.20
135	Donald Shaw	Central AC	V45	35.22
136	Des Crowe	Penicuik Harriers	V55	35.25
137	Alan Gardiner	Dundee Hawkhill Harriers	Sen	35.28
138	James Mayers	Musselburgh and District AC	V55	35.30
139	Romain Borgeal	Dundee Hawkhill Harriers	Sen	35.30
140	Jonathan Millar	Carnegie Harriers	Sen	35.34

Team Results Masters					
	Team Name	Finisher Positions			Total
1	Central AC	1	2	15	18
2	Edinburgh AC	4	5	17	26
3	Corstorphine AAC	7	9	11	27
4	PH Racing Club	12	13	18	43
5	Metro Aberdeen RC	3	16	29	48
6	Gala Harriers	8	24	32	64
7	Perth RR	20	22	25	67
8	Hunters Bog Trotters	10	21	71	102
9	Musselburgh and District AC	23	38	43	104
10	Lothian RC	26	39	50	115
11	Kinross RR	27	28	65	120
13	Fife AC	52	54	58	164
14	Penicuik Harriers	31	46	104	181
15	Carnegie Harriers	68	69	75	212
16	Falkirk Victoria Harriers	48	77	98	223
17	Harmeny AC	64	93	94	251
18	Dundee RR	81	84	97	262

Team Medals Masters Men			
1	Central AC		18
	Ross Houston	29.09	1
	Scott Brember	29.35	2
	Will Hensman	32.24	15

East District Cross Country Championship Piperdam 7-12-2019				
Men				
Pos	Name		Club	Time
141	Colin	Lamont	Falkirk Victoria Harriers	Sen 35.34
142	Jose	Leon	Edinburgh AC	Sen 35.36
143	Andrew	Ronald	Falkirk Victoria Harriers	V50 35.39
144	Wade	Cormack	Hunters Bog Trotters	Sen 35.49
145	Gordon	Simpson	Dundee Hawkhill Harriers	V50 35.49
146	Brian	Lees	Lothian RC	V55 35.54
147	Ronnie	Glen	Perth RR	V45 36.00
148	Stephen	Dickson	Fife AC	V45 36.07
149	Thomas	Leeman	Edinburgh AC	Sen 36.11
150	David	Worrall	Portobello RC	V40 36.14
151	Bryce	Aitken	Fife AC	V60 36.19
152	Russell	Wilcox	Metro Aberdeen RC	V40 36.20
153	Scott	Love	PH Racing Club	V40 36.24
154	Mark	McLean	PH Racing Club	V50 36.40
155	David	Morrison	Metro Aberdeen RC	V40 36.42
156	Hugh D.	McKay	Fife AC	V55 36.44
157	Matthew	Strachan	Dundee Hawkhill Harriers	V55 36.47
158	Ciaran	Collins	Dundee Hawkhill Harriers	V45 36.48
159	Brian	Robb	Metro Aberdeen RC	V40 36.50
160	Graham	McInnes	PH Racing Club	Sen 36.53
161	William	Jarvie	Portobello RC	V60 36.55
162	Charles	Graham-Marr	Central AC	V60 36.55
163	Karl	Zeiner	Harmeny AC	V45 37.06
164	Andrew	Laycock	Kinross RR	V50 37.10
165	Iain	Dunsmore	Central AC	V50 37.12
166	Kevin	Buchan	Metro Aberdeen RC	V40 37.24
167	Billy	Stewart	PH Racing Club	Sen 37.31
168	Barry	Davie	Carnegie Harriers	V40 37.31
169	Lee	Holland	Carnegie Harriers	V50 37.39
170	David	Hart	Corstorphine AAC	V40 37.46
171	Neil	Thomas	Hunters Bog Trotters	V50 37.51
172	Mark	Western	Falkland Trail Runners	V50 37.53
173	David	Cross	Edinburgh AC	V55 37.53
174	Gavin	Orr	Kinross RR	V50 37.53
175	John	Hynd	Carnegie Harriers	V60 37.53
176	Martin	Williams	Corstorphine AAC	V50 37.56
177	Dougie	Hill	Falkirk Victoria Harriers	V55 37.56
178	Andrew	Latham	Edinburgh AC	V50 38.00
179	Anthony	Lunn	Gala Harriers	V50 38.00
180	David	Alexander	Harmeny AC	V50 38.06
181	Benjamin	Noad	Central AC	Sen 38.06
182	Neil	Murray	Metro Aberdeen RC	V40 38.07
183	David	Miller	Dundee RR	V50 38.07
184	David	Scott	Lasswade AC	V40 38.09
185	John	Fulham	Carnegie Harriers	V45 38.11
186	Kevin	Greig	Dundee RR	V40 38.17
187	Graham	Wilde	Carnegie Harriers	V40 38.24
188	Andy	Redman	Metro Aberdeen RC	V55 38.26
189	Peter	Simpson	Carnegie Harriers	V60 38.29
190	Fergus	Johnston	Gala Harriers	Sen 38.31
191	Damon	Thoms	Fife AC	V45 38.33
192	Dougie	Gowan	Edinburgh AC	V55 38.33
193	Alan	Murray	Carnegie Harriers	V45 38.35
194	Simon	Grieshaber	Perth RR	V50 38.46
195	Keith	Farquhar	Metro Aberdeen RC	V55 38.51
196	Craig	Stewart	Harmeny AC	V45 38.58
197	Andrew	Ross	Harmeny AC	V50 39.00
198	Neil	Galbraith Cobb	Central AC	Sen 39.02
199	Bob	Johnson	Gala Harriers	V60 39.06
200	Nigel	Reynolds	Dundee Hawkhill Harriers	V55 39.06
201	Michael	Grant	Hunters Bog Trotters	Sen 39.06
202	Michael	Mitchell	Dundee RR	V50 39.09
203	Neil	Robertson	Falkirk Victoria Harriers	V50 39.18
204	Brian	Miller	Carnegie Harriers	V45 39.29
205	Jim	Morton	Dundee RR	V50 39.29
206	Gavin	Phillip	Edinburgh AC	V50 39.29
207	Gary	Longhurst	Ochil Hill Runners	V55 39.33
208	Colin	Alexander	Central AC	V45 39.33
209	Allan	Dunbar	Penicuik Harriers	V40 39.39
210	John	Mill	Dundee RR	V55 39.47

East District Cross Country Championship					
Piperdam 7-12-2019					
Men					
Pos	Name		Club		Time
211	Malcolm	Finlayson	Falkirk Victoria Harriers	V50	39.47
212	Robin	Livingstone	Perth RR	V60	39.57
213	Andrew	Leech	Dundee Hawkhill Harriers	Sen	40.00
214	Craig	Hunter	Hunters Bog Trotters	V60	40.10
215	Mark	Johnstone	Falkirk Victoria Harriers	V45	40.13
216	Andrew	Corrigan	Lothian RC	V50	40.21
217	Richard	Masson	Metro Aberdeen RC	V40	40.29
218	John	Tierney	Dundee RR	V40	40.33
219	Derek	Arthur	Dundee RR	V45	40.33
220	Benjamin	Gibson	Dundee RR	Sen	40.36
221	Alan	Doig	Kinross RR	V50	41.02
222	Phil	Mann	Metro Aberdeen RC	V60	41.05
223	Craig	Kerr	Penicuik Harriers	Sen	41.13
224	Eric	Stevenson	Edinburgh AC	V65	41.16
225	Martin	Rollo	Dundee RR	V50	41.22
226	James	McLaren	Falkirk Victoria Harriers	V55	41.35
227	Phil	Forte	Dundee Hawkhill Harriers	V60	41.52
228	Derrick	Brydon	Lasswade AC	V50	42.13
229	Alan	Innes	Portobello RC	Sen	42.19
230	John	Boyle	Kinross RR	V60	42.22
231	David	Steele	Edinburgh AC	V60	42.52
232	Paul	Smith	Metro Aberdeen RC	V45	42.57
233	John	McIntosh	Dundee RR	V55	42.58
234	Paul	Lockie	Teviotdale Harriers	V50	43.00
235	Steven	Blair	Corstorphine AAC	V55	43.22
236	Kenny	Mearns	Lothian RC	V60	43.27
237	David	Surtees	Musselburgh and District AC	Sen	43.32
238	Andrew	Anderson	Dunbar RC	V55	43.37
239	Eddie	Sanders	Fife AC	V70	44.11
240	Iain	Thomson	Strathearn Harriers	V70	44.13
241	Alastair	Mccallum	Falkirk Victoria Harriers	V55	44.34
242	Colin	Sinclair	Central AC	V50	44.42
243	Mark	Jones	Harmeny AC	V45	44.51
244	D.Melville	Scobie	Fife AC	V70	44.59
245	Kenneth	Letham	Dundee Hawkhill Harriers	V55	45.08
246	Ewart	Scott	Lothian RC	V65	45.17
247	Grant	Whytock	Dundee RR	V50	45.29
248	Alex	MacEwen	Edinburgh AC	V60	45.39
249	Cameron	Campbell	Central AC	V60	45.46
250	Craig	Shield	Pitreavie AAC	Sen	45.54
251	Mike	Malcolm-Smith	Musselburgh and District AC	V50	46.23
252	Mark	Collings	Lothian RC	V50	46.47
253	Alan	Smith	Metro Aberdeen RC	V50	46.51
254	Ronald	Fraser	Dundee RR	V55	48.44
255	Alan	Bothwell	Perth RR	V60	50.21